

Seville Community House Autumn 2024 Activity Guide



open hearts
open minds
open doors

8 Railway Road Seville
Office Hours 9.00am - 3.30pm Weekdays
Phone 5964 3987 or 0492 950 501
Email: info@sevillecommhouse.org.au

Seville Community House acknowledges the Wurundjeri people of the Kulin Nation who are the Traditional Custodians of the land on which our community is based.

Seville Community House acknowledges the generous support we receive from DFFH and Yarra Ranges Council



Seville Community House is a registered charity with the Australian Charities and Not-for-Profits Commission.

Health & Wellbeing

Pilates

Pilates is great for strengthening and toning your core and for increasing your flexibility. Our class is suitable for beginners and more advanced students.

Wednesdays 6.30 pm - 7.30pm.
Commencing Wed April 17

Cost: \$20 per class

Dru Yoga Classes

This is a gentle & restorative Class - Suitable for all ages and abilities.

Thurs 10:30 - 12.00pm
Commencing Thurs April 18
\$144 per 8 wk term or \$20 per week casual.

NEW Walking Group

Walking group for all abilities.

Meet at the Carriage Cafe carpark to stroll along the Warburton Trail. We can enjoy a cuppa and a chat when we return.

There is no cost, however bookings required. We don't walk in the rain!

Thursdays at 10.00am
Commences April 18

Gentle Chair Yoga

We have a beautiful facilitator coming to see if we like the idea for a gentle yoga session. This is suitable for all adults of any age or ability. If we like it we can book her for ongoing sessions.

This first session will be a gold coin donation
Tuesday May 7 at 2PM

Community Education

Tech Hub: Now on Fridays!

Bring along your Smart Devices and talk to our tech wizard. No question is a silly one!

Bookings are essential.

Fridays 9.30am - 12.00pm
Commencing April 19
Cost: \$50 (\$25 conc) for the term.



Conversations With:

Young Mums and older women as well! - do you need assistance/advice in getting all of your entitlements, help with utility bills, assistance with debt etc. Our facilitator has an enormous depth of experience to help you get your finances into a more manageable place.

Tuesday May 14
1 - 2 pm
Free session.

First Aid Training

This training is perfect for people who want to learn first aid. The facilitator is lovely and will take you through what you can do now to help someone in an emergency

May 29
1:15 - 3:15
\$70 per person

Children's Activities

Monday Playgroup

Join us for a cuppa and relaxed play session with other carers of little ones. Resources are supplied for this parent led Playgroup.

Mondays: 9.30am - 11.00am

Commencing: Monday April 15
during the school term
Term fees \$25 per family

Tuesday Playgroup

Our structured Playgroup is fully facilitated by a qualified educator. Sessions include art and craft, free play and story time.

Tuesdays: 9.30am - 11.00am
Commencing: Tuesday April 16
during the school term
Cost: \$80 for first child
Siblings over 12 months \$10

Rainbow Playgroup

Rainbow Families Playgroup is a parent-led, safe and inclusive space for LGBTQIA+ Families to play, learn and make friends together.

Thursdays 9.30am - 11.00am
Commences April 18 for the school term
Cost: \$25 per family

NEW SESSION FOR FAMILIES Messy Play

We are going to get together for messy play activities for children 2 - 6 year olds

\$10 per session per child
Friday June 7, 14, 21 and 28

Art and Craft

Art Circle

Join a group of like minded people to share a creative space. Bring your projects and work on your own things, whilst sharing skills with others.

BYO projects and materials.

Tuesdays 6:30pm 8:30pm
Cost: \$5 per week

Felting Workshop

Owls and Pods - back by popular demand!

Using the wet and dry felting techniques our wonderful tutor will provide 2 workshops to complete these beautiful elements. Owls are made with dry needle felting and the pods they 'live' in use a wet felting technique.

ALL MATERIALS PROVIDED

Sat May 25 - Pods (wet felting)
Sat June 8 - Owls (needle felting)



Monday Crafters

BYO craft project or join us to create sensory items (Fiddle Quilts) for distribution to people with special needs. We chat and laugh while we create beautiful pieces.

New crafters very welcome!

Mondays 12.30pm - 3.00pm
Commences April 15
Gold Coin donation appreciated

Social and Support

Social Solo Diners

Do you enjoy going out for a meal and meeting new people? Our friendly group get together on the second Thursday of each month. If you are looking to expand your social circle and enjoy dinner get-togethers, this could be the group for you. We try different venues each month. Join us for our monthly dinner catch ups.

Join us on the following dates in Term 2 2024: April 11, May 9, June 13.

RSVP for venue details.
Bookings essential to SCH
5964 3987

Talking Cafe

Would you like to meet some people who live in the Seville Community? Come and join us on Mondays at Ducky's Café in Seville. Drop by our regular table and meet some lovely local people

Cost: Menu prices
Monday afternoons from 2pm
during school terms. Commences
April 15



Community Lunch

Enjoy a light seasonal lunch, engaging activities, and lively conversation at our monthly community lunch on the 2nd Tuesday of every month:

April 9, May 14, June 11 from 12pm to 2pm.

Newcomers are always welcome.
Gold coin donation appreciated.
Bookings are essential for catering purposes.

We periodically add workshops/courses to our program that may not be listed in this brochure. We will post updates on our Facebook page and on our website
www.sevillecommhouse.org.au

Lifestyle and Leisure

Book Club

Our book for April is called 'The Cuckoo's Calling' by Robert Galbraith. This is a pseudonym used by J.D. Robb - while she was writing the Harry Potter books she wrote some crime fiction!

We can share our deeper thoughts on the book or we can just laugh a lot.

New readers welcome!

3rd Tuesday of each month

Dates:
April 16
May 21
June 18

Time: 1:30pm - 3:30pm

Book Sets supplied
Gold coin donation appreciated

Craft Workshop DIY Resin Dipped Boards

Lets make a beautiful resin dipped cutting board! All materials provided

Wednesday June 5
Time: 12.30pm
Cost Gold Coin Donation
All materials provided

VOLUNTEER

If you would like to become a volunteer at Seville Community House please give Stacie a call to discuss the opportunities we have.

Seville Community House invites you to join the team.



Are you looking to make a positive impact in your community? Seville Community House, a not-for-profit organisation, is seeking volunteers to join our committee. Whether you have small business, financial or legal experience or simply have a strong community spirit, we would welcome your involvement. By joining the committee, you will collaborate with like-minded people and play a significant role in shaping your community and creating an inclusive environment for everyone. Interested? Contact Stacie Adams on 03 5964 3987 or at manager@sevillecommhouse.org.au for more details.