

Seville Community House

Summer 2024 Activity Guide

8 Railway Road Seville
Office Hours 9.00am - 3.30pm Weekdays
Phone 5964 3987 or 0492 950 501
Email: info@sevillecommhouse.org.au



open hearts
open minds
open doors

Seville Community House acknowledges the Wurundjeri people of the Kulin Nation who are the Traditional Custodians of the land on which our community is based.

Seville Community House acknowledges the generous support we receive from DFFH and Yarra Ranges Council



Seville Community House is a registered charity with the Australian Charities and Not-for-Profits Commission.

Health & Wellbeing

Pilates

Pilates is great for strengthening and toning your core and for increasing your flexibility. Our class is suitable for beginners and more advanced students.

Wednesdays 6.30 pm - 7.30pm.
Commencing Wed Feb 7th
Cost: \$20 per class

Yoga with Jenna

Make each week a positive one. Our classes combine yoga and relaxation.

Monday Evenings 6pm - 7pm
Commencing: Monday Feb 7 weeks
Cost \$105

Dru Yoga Classes

Gentle & Restorative Class - Suitable for all ages

Thurs 10:30 - 12.00pm
Commencing Thurs Feb 8th
\$144 per 8 wk term or \$20 per week casual.

Happy Feet Walking Group

Walking group for all abilities. Meet at the Carriage Café carpark to stroll along the Warburton Trail. We can enjoy a cuppa and a chat when we return. There is no cost, however bookings required. We don't walk in the rain!

Tuesdays at 10.00am
Commences January 9th

Community Education

Tech Hub: Now on Fridays!

Bring along your Smart Devices and talk to our tech wizard. No question is a silly one!

Bookings are essential.

Fridays 9.30am - 12.00pm
Commencing Friday February 2
Cost: \$50 (\$25 con) for the term.



"Conversations With..."

We are excited to launch our new program, "Conversations With..." which features a guest speaker sharing their wisdom and expertise.

Tues March 5 Linda Wright from EACH will share her financial counselling wisdom about ways that will assist us with our financial challenges.

Tues March 28 Jackie Butler from the Bendigo Bank with talk with us about SCAMS
We will chat over a cup of tea or coffee
1pm to 3pm.

Cost: Free

SOURDOUGH

Part 1: Understanding and caring for Starters, kneading and making sourdough bread and rolls

Sat Feb 10 10am - 2pm Cost: \$70

Part 2: Not just bread! Everything else that you can make with sourdough including grissini, crispbread, pita, pizza and English Muffins.

Sat March 16 10am - 3pm \$90

Art and Craft

Art Circle

Join a small group of like minded people to share a creative space. Bring your projects and work on your own things, whilst sharing skills with others.

BYO projects and materials.

Tuesdays 6:30pm 8:30pm
Cost: \$5 per week

Felting Workshop

Make your own shoulder bag!

We have a wonderful new felting workshops this term. Using the wet felting technique our wonderful tutor will provide a few different shapes and sizes for you to choose from.

ALL MATERIALS PROVIDED

Sat. March 9 10am - 2pm \$70
Bring along your lunch / snack if you would like. Tea and coffee provided

Monday Crafters

BYO craft project or join us to create sensory items (Fiddle Quilts) for distribution to people with special needs. We chat and laugh while we create beautiful pieces.

New crafters very welcome!

Mondays 12.30pm - 3.00pm
Commences February 5
Gold Coin donation appreciated

Children's Activities

Monday Playgroup

Join us for a cuppa and relaxed play session with other carers of little ones. Resources are supplied for this parent led Playgroup.

Mondays: 9.30am - 11.00am

Commencing: Monday Feb 5 (8 weeks)

Term fees \$20 per family

Tuesday Playgroup

Our structured Playgroup is fully facilitated by a qualified educator. Sessions include art and craft, free play and story time.

Tuesdays: 9.30am - 11.00am

Commencing: Tuesday Feb 6 (8 weeks)

Cost: \$55 for first child

Siblings over 12 months \$10

Rainbow Playgroup

Rainbow Families Playgroup is a parent-led, safe and inclusive space for LGBTQIA+ Families to play, learn and make friends together.

Thursdays 9.30am - 11.00am

Commences Feb 1

Cost: \$20 per family

Social & Support

Community Lunch

Join us for a 2 course light seasonal lunch with great company, lively conversation and a fun activity.

New people always welcome.

Bookings are essential for catering purposes.

2nd Tuesday of every month

Feb 13, Mar 12, April 9

12.00pm - 2.00pm

Gold Coin Donation appreciated

Community
Pantry



Our Community Pantry is situated on our front porch and accessible 24/7. You are welcome to visit our Community Pantry and take what you need. Donations of non-perishable items are most welcome to help others in need in our community.

Social and Support

Social Solo Diners

Do you enjoy going out for a meal and meeting new people? Our friendly group get together on the second Thursday of each

. If you are looking to expand your social circle and enjoy dinner get-togethers, this could be the group for you. We try different venues each month. Join us for our monthly dinner catch ups.

Dates for Term 1 2024:

February 8

March 14

April 11

Details of Venue provided at RSVP

Cost: Menu Prices

**Bookings essential to SCH
5964 3987**

Talking Cafe

Would you like to meet some new people who live in the Seville Community? Come and join us every Monday at Ducky's Café in Seville.

Drop by our regular table and meet some lovely local people.



Cost: Menu prices

Monday afternoons from 2pm

**during school terms. Commences
Feb 5th**

Life Beyond Work

Imagining retirement after a long career can be difficult. This workshop assists women nearing retirement or recently retired by offering new ideas, and tools to inspire planning and thinking

Thursday February 29th from 7pm

\$45 Light refreshments served

We periodically add workshops/courses to our program that may not be listed in this brochure. We will post updates on our Facebook page and on our website www.sevillecommhouse.org.au

Lifestyle and Leisure

Book Club

We have selected our first book for the year and will get together and talk about how we loved it or loathed it! Our first book is Miss Garnet's Angel by Sally Vickers. We can share our deeper thoughts on the book or we can just laugh a lot.

New readers welcome!

3rd Tuesday of each month

Commencing: February 20

Time: 1:30pm - 3:30pm

Book Sets supplied

BYO lunch

Gold coin donation appreciated

Craft Workshop DIY Toolbox

Lets make a fantastic wooden tool box! It can be used for tools, threads, crafty 'stuff', colourful pens or whatever your imagination thinks of and needs a bit of organising.

Wednesday February 28

Time: 12.00pm

Cost \$5

All materials provided.

Polymer Clay Worksop

Learn how to make simple canes and bowls using cutters, blending colours and making skinner blends.



Wednesday March 20

10am - 1pm

Bring a snack

Cost \$35

We need you!

Have you been considering volunteering in your local community? We'd love to talk to you about the different opportunities we have at Seville Community House. From administration to gardening, we have volunteer positions to suit everyone. If you think you might be interested in joining our friendly staff and volunteers please call us on 5964 3987.

VOLUNTEER